

STUDY GUIDE

Issue of February 21, 2010

HAITI

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1. To date, how much money has the Diocese of Gary collected for the people of Haiti?
2. What organization will these funds help support?
3. Discuss ways our diocesan school children have helped this effort?
4. Identify the three factors which have "contributed greatly to the speed, quality, organization and size" of the CRS response to the earthquake.

BISHOP MELCZEK'S COLUMN

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1. What is the season of Lent?
2. As a boy, how did Bishop Dale J. Melczek view Lent? How do you see this season?
3. What are the three practices Catholics are asked to do during Lent?
4. Discuss ways you might follow these practices?
5. What does original sin tempt us to do?
6. What does Jesus call us to do instead?
7. What was Jesus trying to teach us when he washed the feet of his disciples? (Read John 13: 1-15)

ACTS

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1. According to Pope Benedict XVI, what are the "essential expressions of the Christian faith?"
2. Talk about some of the circumstances in the world today that make our acts of charity even more important.
3. Who identified very closely with the poor and serves as our role model?
4. What is the name of Pope Benedict's 2009 encyclical on social justice?
5. What is divine justice? Discuss.

PRISON

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1. How many men and women are in prison in the United States today?
2. How many are estimated to be re-arrested upon their release from jail?
3. What is this ministry at St. Elizabeth Ann Seton all about?
4. Why did the one man at the bus stop cry? How do you think this simple act of kindness make him feel?
5. How many men have been served by the ministry over the years?
6. Why is this prison ministry not popular with some?
7. What do ministry volunteers keep in mind while packing the bags?

GOOD

Page 15

1. What is the leading cause of death in the United States today?
2. Why is the heart so important?
3. According to nurse, Sandy Kurpela, what tells us that young people need to be concerned about their hearts too?
4. What are some things you can do to keep your heart healthy?
5. What foods are good for your heart? Which are bad?
6. How can pets help us be healthier?
7. What are the signs of a heart attack?